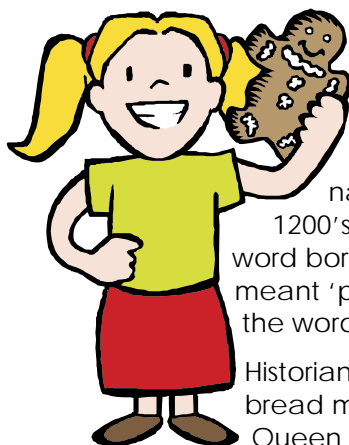




## Why do we call it Ginger "Bread"?



**Kids** The delicious treat known as gingerbread is much more like cake than bread; so you may wonder how it got its name. In the 13<sup>th</sup> Century (the 1200's) it was originally *gingerbras* a word borrowed from Old French which meant 'preserved ginger'. Over time, the word changed to gingerbread.

Historians say that the first gingerbread man came from the court of Queen Elizabeth I of England.

Important visitors were presented with delightful gingerbread likenesses of themselves.

Over time, gingerbread was used to make everything from edible Christmas cards to finely detailed molded cookies to Christmas tree decorations.

## When did the CANDY CANE get its Stripes?

**T**he candy cane is a sweet treat and is used as a decoration during the Christmas season. In Europe, people decorated their Christmas trees with many food items including cookies and candy. The original candy canes were straight, white sticks of sugar candy. In 1670 a choirmaster in Cologne, Germany had the sticks bent into the shape of a shepherd's crook and passed them out to children; it became a popular tradition that spread throughout Europe. Candy canes came to America in the 1800's; they were represented on Christmas cards in their original pure white form. Shortly after 1900 they appear with the familiar red stripes; no one is sure of the exact date or who invented the striped version!



## Kids.....

### Color your Gingerbread Boy & Girl

Here are some things you can do with your "Gingerkids"

- paste them to a piece of construction paper
- cut them out
- punch a hole for a tie
- hang them on your tree!

Use them to decorate Christmas cards

Decorate presents

Glue them to pencils to use in a puppet theatre

**Have fun! .....**

